

**JC Bermudez-Doral Senior High 2023-24  
Winter Free Sport Physicals  
September 19, 2023 5:00-6:30pm**

This is for the Free Pre-Participation Physical Exam for 2023-2024 Athletics on September 19, 2023. This is a sport screening and should not replace an annual physical.

Wear shorts, SNEAKERS, Short sleeve shirt (maybe under a sweater/hoodie) & bring your glasses or contacts!

Physical must be notarized prior to starting the physical. A notary will be available for a \$5.00 fee if the Parent/Guardian is present with ID.

Here is the link to download the 2023-24 Pre-Participation Physical Packet:

<https://jcbdoralthunder.com/wp-content/uploads/2023/06/JCBD-M-DCPS-23-24-Athletic-Physical-Form-and-Procedures.pdf>

